

How can I get help with diapers and potty training?

How can I get free diapers or pull-ups?

Children over 3 may be eligible to have diapers delivered to their home for free through medical assistance (Medicaid). Here are the steps:

1. **Call Member Services** for your child's Medicaid health insurance. The number is usually found on the back of your child's medical card.
2. **Ask Member Services** what Durable Medical Equipment (DME) companies can provide diapers for children in your area and get the name and phone number of that company. They may email you a list.
3. **Call the equipment company** and explain that you want to get your child on the diaper program. After gathering some information, they will ask you to contact your child's doctor and have the doctor fax them a prescription for diapers and wipes. Ask for the equipment company's fax number.
4. **Call your child's doctor** and explain that you need them to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.
5. **You should soon begin to receive diapers each month.** If you do not receive diapers and wipes, call the equipment company to check on the status. You will need to renew this process each year if your child continues to need diapers.

Is there anywhere I can get diapers right away?

- **Visit a Philadelphia Diaper Bank location.** philadelphiadiaperbank.org
- **Request items from Point Essentials**, a Project FAM! resource bank at Turning Points for Children.
turningpointsforchildren.phmc.org/programs/project-fam



Where can I get help with potty training my child?

- **Join Elwyn's monthly virtual potty training class.** For training dates and a link to access the training, ask an Elwyn evaluation team member or your child's LEA representative to send you the latest flyer.
- **For additional potty training resources**, visit sites.google.com/tdsb.on.ca/ot-pt/resources/activities-of-daily-living-adls/toileting

