### Children's Behavioral Health Services



### **Program Information**

Children's Behavioral Health Services offers a variety of programming and support for children and adolescents ages birth to 21 with social, emotional, and behavioral challenges. Located throughout Delaware and Philadelphia counties, we provide comprehensive community-based services through education, intervention, and identifying resources.

We deliver clinically-appropriate services in the least restrictive and least intrusive manner in order to empower and encourage development. Based on the central tenet that each child is an individual, we are able to offer collaborative, family- oriented solutions rooted in recovery and resiliency principles.

### Intensive Behavioral Health Services

Delaware County: 610-891-7007 Philadelphia County: 215-254-2046

Intensive Behavioral Health Services are community-based and tailored to the specific needs of each child. Our clinical team, whose expertise reaches multiple disciplines, offers families and children the tools to succeed within the least-restrictive educational and living environment possible.

## Summer Therapeutic Activities Program

Delaware County: 610-891-7007

The Summer Therapeutic Activities Program offers supported peer interactions and engaging therapeutic activities for children with autism spectrum disorder. Our caring and interactive staff ensure each child addresses individual goals for socialization and self-expression.

Funding opportunities and enhanced recreational activities are available for families based on their county of residence.

## Child/Adolescent Intensive After School Program

Delaware County: 610-891-7007

The Child/Adolescent Intensive After School Program helps children with behavioral/emotional needs to develop problem-solving, socialization, and communication skills. An individualized treatment plan is created to address each child's specific goals and needs through small and large group activities. Parents are provided opportunities to learn about the needs of their children.

# Children's Residential Treatment Facility

Delaware County: 610-891-2505

The Children's Residential Treatment Facility provides intensive therapeutic intervention services to children and adolescents ages 6-21 with autism spectrum disorder, experiencing acute behavioral challenges, and exhibiting resistance to treatment. Personalized treatment plans are based on the unique needs of the individual, with significant family and caregiver involvement.

## Child/Adolescent Therapeutic Socialization Program

Delaware County: 610-891-7007 Philadelphia County: 215-254-2046

The Child/Adolescent Therapeutic Socialization Program helps children with autism spectrum disorder learn enhanced socialization skills through participation and engaging activities. Parents are provided information to help understand their child's strengths and needs. Individualized treatment plans outline specific goals for each child and the involvement of parents, siblings, schools, and other community resources.

#### **Outpatient Therapy Program**

Delaware County: 610-891-7007 Philadelphia County: 215-254-2046

The Outpatient Therapy Program provides individual, group, and family therapy and medication management to children and adolescents. Our multidisciplinary team works to help children reach their fullest potential by evaluating each child's abilities and creating opportunities to increase function and independence. Families are valued as a large part of the team. Our therapists, who specialize in trauma-focused cognitive behavior therapy, play therapy, family therapy, and autism spectrum disorder, incorporate the child's goals into a specialized treatment plan to be continued in daily life at home.

#### Children's Mobile Crisis Team/ Intervention Services

Philadelphia County: 215-685-6440

Children's Mobile Crisis Team provides short-term rapid response, crisis stabilization, and case management services to children and young people up to age 21. Services are provided for 72 hours following the initial referral to ensure immediate stability and linkage to supports. Children's Mobile Intervention Services provide brief intensive interventions, psychiatric assessment, case management, and medication management as needed for up to six weeks.

Both crisis programs are equipped to address complex situations and needs, including family systems stressors, youth substance abuse, trauma/ grief, youth intense behaviors, symptoms, and emotions that raise concern for potential harm to self or others.

#### **Parents and Children Together**

Chester, PA: 610-874-9388 Darby, PA: 610-461-4847

Elwyn's Parents and Children Together program is for families in need of support to improve parenting skills. Through a combination of home visits and center-based education, Elwyn staff help parents learn how to use positive discipline and set age-appropriate expectations for their children.

#### Eligibility/Funding/Referral

Children's Services are an entitlement service. Eligibility: Child must receive medical assistance and meet the medical necessity criteria. Program eligibility may be based on residency. For more information regarding eligibility, please refer to Community Behavioral Health or Magellan Behavioral Health.



Since 1852, Elwyn has helped people with autism, intellectual, developmental, and behavioral challenges lead meaningful lives. As an internationally recognized nonprofit human services organization, we have always been on the forefront of innovation. To learn more, visit elwyn.org.